

First Day, New Start!

A “Find Someone Who...” mingle that gets a brand-new Year 7 class up, talking and feeling like they belong — in the first 20 minutes of term.

 Year 7

 15-20 min

 Tutor time / first lesson

 English · Español · Français

 1 worksheet per pupil

1 Why it works

- Everyone is **up and moving** — no one sits alone on day one.
- Low stakes:** short questions, no reading aloud, no “right answer”.
- Pupils find **things in common** — the fastest route to belonging.
- Ends with reflection, so it’s a **lesson**, not just a game.

2 You’ll need

- One worksheet per pupil (pick the **language** you want).
- A pen each.
- Upbeat music** + a visible timer (optional, but great for energy).
- Space to move — push a few desks back if you can.

3 How to run it

- Hand out the sheet. Read the ten prompts together so every pupil knows what they’re looking for.
- Set the challenge: **find a different person for each box** and write their name next to it.
- Start an **8-10 minute** mingle with music playing. Pupils walk around and ask each other the questions.
- Circulate. Model a question (“Hi — do you play a sport?”), and gently steer quieter pupils towards a partner.
- Stop the music. Pupils complete the **Reflection** box on their own.
- Share-back:** 3-4 pupils tell the class the most surprising thing they discovered about someone.

★ The golden rule

A classmate can sign your sheet **only once** (allow twice for a small class). This one rule is what makes pupils talk to **ten different people** instead of just their friend — don’t skip it.

4 Make it inclusive

- Sentence starters** on the board: “Hi, I’m... Do you...?”
- Anxious pupil? Offer a **seated version** — classmates come to them, or use a talk-partner.
- Let pupils **point to the icons** or draw if writing is tricky.
- Pair EAL/SEND pupils with a friendly **buddy** for the first two boxes.

5 Take it further

- Write **three sentences** about someone you met.
- Class tally: “Who found someone who speaks another language?”
- MFL first lesson:** use the **Spanish** or **French** sheet and encourage target-language questions — a confident, low-pressure start.

6 Where it fits

PSHE — belonging, positive relationships, transition to secondary. · **Tutor / form time** — settling a new group. · **MFL** — a speaking-confidence starter for the very first Spanish or French lesson.

FIRST DAY, NEW START!

ICEBREAKER ACTIVITY – GETTING TO KNOW YOU

New year.
New people.
New memories.
Let's make it
an amazing one!



HOW IT WORKS

- 1 You will get a worksheet.
- 2 Walk around and ask different people the questions.
- 3 Write their name next to their answer.
- 4 Find someone different for each one!
- 5 When you finish, share something interesting you discovered!



BE CURIOUS, BE KIND, HAVE FUN!

FIND SOMEONE WHO...

	Went on holiday this summer	NAME
	Listens to the same music as you	NAME
	Plays a sport outside school	NAME
	Loves reading	NAME
	Took lots of photos this summer	NAME
	Watched a great series or film	NAME
	Has the same favourite food as you	NAME
	Speaks another language	NAME
	Would like to travel to a new country	NAME
	Has something exciting they're looking forward to this year	NAME



REFLECTION

Which answer surprised you the most?

What did you learn about your classmates?

What are you looking forward to this year?

TOGETHER WE LEARN,
SUPPORT AND SUCCEED!



BE RESPECTFUL



BE POSITIVE



BE YOURSELF



BE THE BEST YOU CAN BE!



¡DÍA NUEVO, COMIENZO NUEVO!

ROMPEHIELOS — VAMOS A CONOCERNOS

Año nuevo.
Gente nueva.
Recuerdos nuevos.
¡Vamos a hacerlo
increíble!

CÓMO FUNCIONA

- 1** Recibes esta hoja.
You get this sheet.
- 2** Camina y pregunta a diferentes personas.
Walk around & ask people.
- 3** Escribe su nombre junto a la respuesta.
Write their name.
- 4** ¡Una persona diferente para cada casilla!
A different person each time!
- 5** Al terminar, comparte algo que descubriste.
Share something you found out.

Sé curioso, sé amable,

¡diviértete!

ENCUENTRA A ALGUIEN QUE...

	Fue de vacaciones este verano <i>Went on holiday this summer</i>	NOMBRE
	Escucha la misma música que tú <i>Listens to the same music as you</i>	NOMBRE
	Practica un deporte fuera del cole <i>Plays a sport outside school</i>	NOMBRE
	Le encanta leer <i>Loves reading</i>	NOMBRE
	Sacó muchas fotos este verano <i>Took lots of photos this summer</i>	NOMBRE
	Vio una serie o película genial <i>Watched a great series or film</i>	NOMBRE
	Tiene tu misma comida favorita <i>Has the same favourite food as you</i>	NOMBRE
	Habla otro idioma <i>Speaks another language</i>	NOMBRE
	Quiere viajar a un país nuevo <i>Would like to travel somewhere new</i>	NOMBRE
	Está ilusionado/a con algo este año <i>Is excited about something this year</i>	NOMBRE

REFLEXIÓN

¿Qué respuesta te sorprendió más?

¿Qué aprendiste sobre tus compañeros?

¿Qué esperas con ilusión este año?

Juntos aprendemos,
nos apoyamos y ¡triunfamos!



SÉ RESPETUOSO



SÉ POSITIVO



SÉ TÚ MISMO



¡SÉ LO MEJOR QUE PUEDES!

NOUVEAU JOUR, NOUVEAU DÉPART !

BRISE-GLACE — FAISONS CONNAISSANCE

Nouvelle année.
Nouvelles rencontres.
Nouveaux souvenirs.

Rendons-la
extraordinaire !



COMMENT ÇA MARCHE

- 1** Tu reçois cette fiche.
You get this sheet.
- 2** Circule et pose des questions à différentes personnes.
Walk around & ask people.
- 3** Écris leur prénom à côté de la réponse.
Write their name.
- 4** Une personne différente pour chaque case !
A different person each time!
- 5** Partage une découverte à la fin.
Share what you found out.

Sois curieux, sois gentil, amuse-

toi !

TROUVE QUELQU'UN QUI...

	Est parti(e) en vacances cet été <i>Went on holiday this summer</i>	PRÉNOM
	Écoute la même musique que toi <i>Listens to the same music as you</i>	PRÉNOM
	Fait du sport en dehors de l'école <i>Plays a sport outside school</i>	PRÉNOM
	Adore lire <i>Loves reading</i>	PRÉNOM
	A pris beaucoup de photos cet été <i>Took lots of photos this summer</i>	PRÉNOM
	A vu une super série ou un film <i>Watched a great series or film</i>	PRÉNOM
	A le même plat préféré que toi <i>Has the same favourite food as you</i>	PRÉNOM
	Parle une autre langue <i>Speaks another language</i>	PRÉNOM
	Aimerait visiter un nouveau pays <i>Would like to travel somewhere new</i>	PRÉNOM
	A hâte de faire quelque chose cette année <i>Is excited about something this year</i>	PRÉNOM



RÉFLEXION

Quelle réponse t'a le plus surpris(e) ?

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.....

Qu'as-tu appris sur tes camarades ?

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Qu'attends-tu avec impatience cette année ?

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Ensemble, on apprend,
on s'entraide et on réussit !



SOIS RESPECTUEUX



SOIS POSITIF



SOIS TOI-MÊME



DONNE LE MEILLEUR DE TOI !